

Peer Academic Coaching FAQ

Student Academic Support Services (SASS)

What is a PAC?

- 👉 A Peer Academic Coach volunteers their time to assist students seeking additional assistance. Many of the PACs are in their second year of medical training. When time permits, some of our third- and fourth-year students will also be available to coach.

Do PAC's receive training to academically coach students?

- 👉 Yes, PAC's participate and complete a 10 hour training program prior to working with peers. All topics are relevant to possible experiences a PAC might encounter when working with a student and the structured curriculum creates structure for PAC's.

What times are PAC's available?

- 👉 Generally, PAC's are available between 8:00 am to 8:00 pm however the high demands of medical school might present challenges to meet between the suggested hours. We kindly ask peers to be respectful of the PAC's availability and time.

Is there a cost associated for a Peer Academic Coaching (PAC)?

- 👉 No, the PAC program is a free service eligible for all M1-M4 students.

What's the best way to maximize my time with a PAC?

- 👉 Contact your PAC, set-up a meeting time & date, and prepare yourself for the sessions. What do you think you need to work on the most? Make a list. You might not get to all of it in the first couple of sessions, but eventually you will be able to accomplish it all.
 - Some things to consider for your list are:
 - Do you have difficulty organizing the new information?
 - Do you have difficulty grasping new concepts introduced in lecture?
 - Do you need to be able to better understand how these concepts apply clinically?
 - Do you have difficulty with rote memorization?
 - Do you have difficulty deciding what the most important information to tackle first is?
- 👉 Make sure you contact your coach several days before your session (if possible) to give them time to prepare.
- 👉 If you have specific questions that you want clarification on, it's a good idea to email them to your PAC before your session. Likewise, if you have a general topic that you want help with, communicate that to your PAC before your session, so that they will know what to focus on.

Questions?

[Contact the Office of Student Academic Support Services](#)

Carley Blades Myszkowski, Director of Student Academic Support Services

6850 Lake Nona Blvd.

Second Floor, COM 205

Orlando, FL 32827

Email: Carley.Blades@ucf.edu

Fax: 407.266.1395

Nicole Brooks, Assistant Director of Student Academic Support Services

6850 Lake Nona Blvd.

Second Floor, COM 205

Orlando, FL 32827

Email: Nicole.Brooks@ucf.edu

Fax: 407.266.1395

Andrew Quigley, Student Resource Specialist II, Student Academic Support Services

6850 Lake Nona Blvd.

Second Floor, COM 205

Orlando, FL 32827

Email: Andrew.Quigley@ucf.edu

Fax: 407.266.1395

