

11-13-20

(A) Updated Travel Policy for M3/M4 UCF COM students, and

(B) (B) Eligibility to Return to Patient Care Duties in January 2021 (for UCF COM M3 and M4 students who have clinical rotation in January 2021).

## Guidance from the CDC:

- CDC recommendations regarding travel: [https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Ftravelers%2Ftravel-in-the-us.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Ftravelers%2Ftravel-in-the-us.html)
- “Interim Guidance for Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure in a Healthcare Setting to Patients with Coronavirus Disease 2019 (COVID-19)”, <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html>.
- The return to work criteria are found <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>

## (A) For all Travel, effective 11-16-20:

As per CDC guidelines, we recommend you do not travel, as COVID levels are rising across the country, and there is a risk of bringing virus to your family/friends or bringing the virus back to Orlando; this is especially true if home/family includes elderly, ill, immunosuppressed, co-morbidities or if your destination has high COVID prevalence.

1. For now, all students should screen themselves daily for fever and signs/symptoms of COVID-19 by using the [COVID Self-Checker](#) available in the [UCF Mobile app](#) or [online](#) every day before going to class or work or participating in any activity on UCF property. Any positive results should be followed by health care assessment for COVID-19. Follow COVID-19 Prevention Guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
2. If you decide to travel, you should:
  - know the COVID prevalence in the locations you are visiting or traveling through, and check to see if there are legal travel restrictions in place (see links available in the above CDC websites).
  - consider obtaining a COVID-19 test yourself to ensure you are negative before you go home on your own to protect your family;
  - isolate as much as possible before going home (clinical students should minimize contact outside work for 2 weeks prior to going home);
  - choose travel options that minimize risk of transmission;
  - utilize full mask while at airports or flying (buy PPE before it gets sold out);
  - while at home or staying in Orlando try to avoid large gatherings outside your immediate circle; continue to use PPE as much as is appropriate.
3. Do not travel out of the country and do not go on a cruise.

If You travel to a county in the U.S. with > 10% positive COVID testing rate you must quarantine for 14 days upon your return to Orlando. For M3 students, each clerkship is developing a list of available make-up sites and dates, e.g., times during the following: Intersessions 1 and 2, and Transition to Core Clerkships (May 2021).

- CDC COVID Data Tracker: [https://covid.cdc.gov/covid-data-tracker/#cases\\_casesinlast7days](https://covid.cdc.gov/covid-data-tracker/#cases_casesinlast7days)
- United States COVID-19 Cases and Deaths by County: <https://covid.cdc.gov/covid-data-tracker/index.html#county-map>
- You can check the [Travel Health Notices](#) for recommendations for places you have traveled, including [foreign countries and U.S. territories](#). You can also check [states, counties, and cities](#) to determine if these areas are experiencing high levels of COVID-19. <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>
- Follow [state](#) and local recommendations or requirements after travel: <https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html>

- Do not return directly to your clinical setting if you have been exposed or have symptoms of COVID. Seek medical evaluation, e.g., by calling the UCF COVID line at 407-823-2509. Keep your clerkship directors, preceptors, and Christie Hasegawa UCF Registrar's office (for M4 students) or Dr. Soraya Smith in Student Affairs (for M3 and M4 students) informed throughout.

**(B) Eligibility to Return to Patient Care Duties in January 2021: UCF COM M3 and M4 students who have clinical rotation in January 2021: Please complete this form and submit it to Dr. Soraya Smith in UCF COM Student Affairs at least 1 day before resuming any patient care duties in January, 2021.**

I am requesting to return to patient care duties in JANUARY 2021 as part of my UCF COM clinical rotations and hereby document I have received a negative test for COVID-19 within 7 days of starting patient care duties, and have subsequently followed public health guidelines of wearing a mask and practicing social distancing as follows:

- For students with NO SYMPTOMS of COVID-19: I have been tested with the Rapid Antigen Test **or** PCR Test at \_\_\_\_\_ for COVID-19 on \_\_\_\_\_. My test was NEGATIVE (send copy of result to Dr. Siddiqi or Kristina Grabnickas in UCF Student Health), and since testing I have taken steps to protect myself/others as recommended by the CDC guidelines (see above links) e.g., wearing a mask in public, practicing physical distancing, etc.

Testing can be performed at any site the student chooses. **See below (page 3) for details on how to obtain testing.**

- For students who have SYMPTOMS of COVID-19 or have been exposed recently to COVID-19, the rapid antigen test is not sufficient: I received a medical evaluation at \_\_\_\_\_ on \_\_\_\_\_. I have been tested by the **PCR test** for COVID-19 at \_\_\_\_\_ on \_\_\_\_\_. My test was NEGATIVE (send copy of result to Dr. Siddiqi or Kristina Grabnickas in UCF Student Health). I am now free of symptoms, and since testing I have taken steps to protect myself/others as recommended by the CDC guidelines (see above links) e.g., wearing a mask in public, practicing physical distancing, etc. I have also sent Dr. Soraya Smith my doctor's written permission to return to my clinical duties. Current CDC guidance for return to work for healthcare workers is at: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>
- If you anticipate that your Jan 4, 2021 start date will be delayed due to need to quarantine, unknown COVID status or due to illness, please email the clerkship directors as soon as possible.
- If your health history places you at higher risk for complications from COVID-19, please contact Dr. Klapheke to arrange an alternative clinical assignment placement.

**Additional General Conditions that Must be Met to Allow UCF COM students to return to patient care duties (adapted from the AAMC's 4-14-20 "Guidance on Medical Students' Participation in Direct Patient Contact Activities"):**

Consultation with medical staff reveals no widespread activity of COVID-19 in the community, and there are sufficient faculty, residents, and staff for supervision and teaching.

- PPE supplies are readily available, and students will be trained on site in PPE use and safety precautions.
- Timely COVID-19 testing is readily available and an active tracing program is in place to determine exposures.
- Reasonable safeguards are in place to minimize students' risk of contracting or transmitting COVID-19, including available hand sanitizers.
- Students should not be assigned to work with known or suspected COVID-19 patients.

These conditions may be updated as relevant guidance is updated or circumstances change.

STUDENT NAME (print) \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

(continued)

### **Steps for COVID Testing**

- 1. UCF Student Health will be coordinating testing for students**
- 2. COM will provide a list of M3/M4 students who will need testing including PID and email addresses**
- 3. COVID 19 testing is covered under most insurance plans but students who do not have insurance to cover the testing or need free testing can still be tested and the costs will be covered under the CARES Act.**
- 4. Students will be asked to contact the UCF Student Health Services 407-823-2701 before December 11, 2020 to request a COVID test.**
- 5. UCF Student Health will provide students with instructions on where and how to make an appointment for testing and provide students with a prescription for the test**
  - a. Students will use the Adventus Biolabs portal to make appointments and track results**
  - b. Using the Adventus Biolabs portal, students will make an appointment for testing during December 28 – 31, 2020**
- 6. Testing Sites: open 9 AM – 5 PM Monday – Friday by appointments only - Main Campus: Both COVID-19 and antibody tests are available in Garage A, located at 12491 University Blvd.**
- 7. Students who require testing outside of the Orlando Area will still be required to contact UCF Student Health Services 407-823-2701. The nurses will discuss testing options and provide necessary paperwork so that the test can be completed. If the test results cannot be sent to UCF Student Health, the student will be required to upload test results to Immunitrax.**
- 8. Students will complete the Eligibility to Return to Patient Care Duties in January 2021 form (above) and return to Dr. Soraya Smith, Student Affairs at least 1 day before resuming any patient care duties in January 2021.**