

EM Knights' Letter

University of Central Florida / HCA GME Consortium

Emergency Medicine Residency Program Of Greater Orlando



The Legacy

We are getting almost to the end of our 2nd year.

During the Fall, residents Dr. Roka, Singh, and Webb with Dr. Rubero again participated in Community Activities as medical staff covering the Disney Wine & Dine Festival and the Electric Daisy Carnival in Orlando, FL. They were able to take care of different types of patients/conditions in the field preventing the overcrowding of patients in the local EDs. They took care of patients with a great variety of conditions including new onset of atrial fibrillation, severe dehydration, altered mental status with heat stroke, drug overdose, cardiac arrest, and others.



This year, we had around 800 applications and interviewed over 90 excellent candidates from medical schools in the state and nationwide. Our new 2021 class interns are:

Maria Chamorro (LECOM), Emily Drone (Southern Illinois Univ), Michelle Hernandez (FIU), Keegan McNally (UCF), Amber Mirajkar (UF), Mary Slome (SUNY), and Sherwin Thomas (Wayne State Univ).

Also, this year, the Residency Program selected their First Chief Residents for 2018-19. They are:



Nicholas Kramer

Abhishek Roka



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Activities

- Core Faculty Meetings—Every 2nd Thursdays at noon; GME office
- Annual Program Retreat—May 9-10
- SAEM—May 15-18
- Welcome Class—July 1
- Symposium by the Sea—August 3-5

Letter from the Program Director

Within the last 3 years the number of EM residency programs in Florida has gone from 6 to 17. That seems a massive increase in such a short time but when you take into account the population of the state and the number of EM residency programs we are now just on par with New York. Florida needed to graduate more EM physicians to keep up with increasing demand. The majority of graduating residents stay in the area they did their residency in.

GOOD NEWS FOR FLORIDA!

The UCF and HCA Graduate Medical Education Consortium has committed to build more Emergency Medicine Residency Programs in Florida (and elsewhere). We are proud to be one of the first and have been singled out as an example to the other programs. This is due to the support we have from GME and from leadership at Osceola Regional Medical Center. Also within the ED, Envision has done a remarkable job of integrating the residency program into the running of a busy ED. UCF College of Medicine provides our academic resources. Our faculty have excelled themselves in their teaching methods, using new and interesting ways to convey the information an "ED physician in training needs". The staff in the ED are, as always, the unsung heroes.

It is due to all these parts working together, that we are very fortunate to provide a world class training in Emergency Medicine!

Bethany Ballinger MD, FACEP, FAAEM
Associate Professor of Emergency Medicine
Program Director



UCF Diversity

In collaboration with UCF's Office for Diversity and Inclusion and the Central Florida Black Nurses Association, Dr. Tracy MacIntosh and a number of UCF medical students provided free health screenings at the Zora! Festival. The purpose was to identify and target modifiable and preventable cardiovascular risk factors among visitors at the annual Zora! Festival on January 27th, 2018.

The goals of this annual 3-day festival are:

- (1) To celebrate the life and work of Zora Neale Hurston;
- (2) To celebrate the historic significance of Eatonville;
- (3) To celebrate the cultural contributions which people of African ancestry have made to the United States and to world culture.



Welcome to Another Issue

After almost 3 years and with great sadness, we have to announce that our dear friend and US Director, Rene Mack, is leaving us.

Dr. Mack was/is an essential part of our Residency as well as one of the co-founder for the success of the Residency.

We all know the hard work that she did to get running our US Program.

We wish the best on her next new endeavor.



José A. Rubero, MD, FACEP, FAAEM
Associate Program Director
Associate Professor of Emergency Medicine



Wellness

As part of our wellness (residents and faculty), participated on multiple wellness activities promoting camaraderie and wellbeing. Some of the activities were after conferences and after the In-training exam.



FCEP APP Course Skills Camp

The Florida College of Emergency Physicians (FCEP) and the Emergency Medicine Learning and Resource Center (EMLRC) produced its latest iteration of the Advanced Practice Providers (APP) Skills Camp on November 9-10, 2017 in Orlando FL. The goal of this course is to enhance the knowledge and skill set of providers caring for patients in the urgent and acute care settings to help improve patient care and safety. The Skills Camp was attended by ARNPs, PAC-Cs and MD from various practice environments in Florida and around the country including: hospitals, outpatient clinics and urgent care centers. Drs. Lebowitz, Mack, Rosario and Rubero, of the Osceola Regional EM program played an integral part in the 2 day APP Skills Camp. The doctors provided EM specific training in the areas of: Sepsis, Obstetrics, Ultrasound, Cardiology and EKGs. Through the use of didactic and hands-on sessions, our local EM physicians were able to share their expertise in the various areas of EM with the APP Skills Camp participants.



The Legacy

Starting July, we will finally have our three years class where the ED will continue in giving outstanding patient care.



Resident Corner

By: Abhishek Roka, MD, and Leoh N. Leon II, MD

Greetings from UCF/HCA Emergency Medicine Residency Program of Greater Orlando! It's hard to believe that it is time to welcome our class of 2021 to our EM family! The upcoming interns will allow us to have all 3 classes and one step closer to a resident run emergency department, and we cannot be excited enough!

Next, residents and faculty will be representing our program the upcoming SAEM 2018 in Indianapolis! Resident presenters: Benzing, Cabrera, Singh, Kramer, Leon, Roka, Webb. Attending presenters: Amico, Lebowitz, Rosario, Ganti, Banerjee, Vera, Ballinger

Research Abstracts:

Accuracy of Prehospital Triage to Identify Large Vessel Occlusion Strokes (poster)

Emergency Department Blood Pressure and Mortality after Acute Ischemic Stroke (oral)

Incidence and Trends of Pediatric Clonidine Ingestions over the Last Fifteen Years (oral)

Elevated Initial Procalcitonin in Sepsis Patients Predicts Longer Length of Stay (oral)

Outcomes Following Clonidine Ingestions in Children (oral)

A Strategy to Effect Neurologically-Intact Survival for Children With Out-of-Hospital Cardiac

Didactic Sessions:

The Assembly Line Model, a Novel Approach to Residency Education

Developing an Infrastructure for Emergency Medical Services/Prehospital Research

Improving Outcomes in Pediatric Cardiac Arrest

New Frontiers: Management of Acute Ischemic Stroke in the Extended Time Window (Up to 24 Hours)

IGNITE sessions:

How to run the perfect code- beyond the ACLS card

Stop the Bleed!

Non-Opioid Analgesia

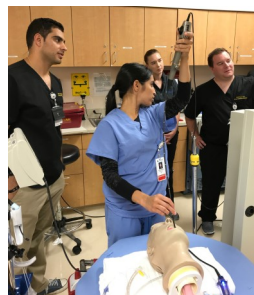
Furthermore, we continue to be very proud of the hard work and dedication from all of the faculty and residents. Congratulations to all the residents on taking your In-Service exam! We had the opportunity to have our wellness day at Top Golf after the exam, and we had an amazing time with our EM family.

Finally, we are extremely thrilled to announce our newly appointed Chief residents of our inaugural class, Drs. Kramer and Roka. They are extremely eager to continue to demonstrate excellent leadership and will strive to make our program grow.

Congratulations to those who matched, good luck on your upcoming journey!

Simulation and Airway Lab

Dr. Javier Rosario and Dr. David Lebowitz started this year with a new version of Simulation Lab. Once a month, the residents and the Faculty move to UCF COM Simulation Lab where innovative simulations are used combined with cadavers, small groups, and lectures.



Grand Rounds

FH EM Residency Program and our Residency Program participated on Grand Rounds where the Faculty from both Programs reviewed topics for the In-service test.



EM DAY at Tallahassee, Florida

By Rene Mack, MD

Advocating for the future of our patients as well as the future of emergency medicine (EM) is a duty that EM providers hold in high regard. One of the best ways for us to achieve these goals is to speak directly with those who make and manage the laws in Florida, our State Legislators. EM doctors from Florida, in an event organized by the Florida College of Emergency Physicians (FCEP) traveled to Tallahassee for "Emergency Medicine Days in Tallahassee" (EM Days) this January during the annual legislative session. We met with our local and state representatives regarding the status of healthcare and its impact on our patients. Dr. Rene Mack, one of the faculty members of the UCF/HCA EM Residency Program was able to take part in this event and help represent our patients and Emergency Medicine. In addition to meeting with the Florida legislators, the doctors at EM Days also met with various representatives from the state healthcare administration agencies, as they are also integral to the protection and advancement of our state's healthcare. The attached photo is of Dr. Mack with Mrs. Crystal Stickle, FHA VP of Governmental Affairs.



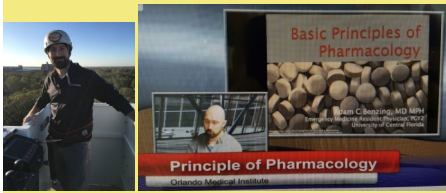
FLAAEM (Florida American Academy of EM)

The Florida American Academy of Emergency Medicine (AAEM) Scientific Assembly Conference took place on Feb 10-11, 2018. This conference serves as regional assembly of the Florida chapter of AAEM, a well established emergency medicine organization focused on supporting the needs of emergency medicine providers. Dr. Rene Mack, who serves as the Ultrasound Director for the UCF/HCA Osceola EM program, was invited to take part in several formats during the conference. Dr. Mack participated in a Case Presentation Panel and presented an interactive lecture on "Stop the Bleeding". She was also invited to lecture on "e-FAST" and lead a corresponding hands-on session utilizing the some of the most innovative techniques and equipment currently available.



EMS

Under the supervision of the Osceola County, City of Kissimmee, and City of St. Cloud EMS Director, Dr. Ayanna Walker, our 2nd year residents started their EMS Rotation. They participate in the EMS education, training, patient care, and research.



Osceola Regional Medical Center ED Christmas Party

On December 13th, nurses, ancillary personnel, security guards, police officers, EMT's, scribes, and physicians celebrated the ED Christmas Party.

The residency Program wanted to give awards to those who in one way or other helped in the education of our residents as well as patient care.

They were:

- EM residency award for outstanding role model in clinical care: Tahir Baccus
- EM residency award for outstanding role model in humanism: Joni Ceballos
- EM residency award for outstanding contribution to resident education: Mike Walsh, ParamD
- EM residency award for outstanding role model in teamwork: Robert Benoit, paramedic



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