



# The Gyn Times

## April 2018

UCF/HCA GME CONSORTIUM GREATER ORLANDO OB/GYN RESIDENCY PROGRAM NEWS

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## ACGME/ABOG Updates

### ABOG requires Fundamentals of Laparoscopic Surgery Course & Exam for graduates June 30, 2020 & after:

Comprehensive education module designed to teach the physiology, fundamental knowledge, and technical skills required in basic laparoscopic surgery

- Online study guide - covers didactics, interactive patient scenarios and manual skills training, containing practice questions
- Technical skills curriculum on the FLS Trainer Box with skill demonstration videos/training & self-practice
- Assessment:
  - Multiple-choice cognitive component
  - Manual skills component on FLS Trainer box
- Details for box trainer purchase & assessment being discussed with HCA

### Hysterectomy minimums to change for graduates June 30, 2019 & after

	<u>Previously</u>		<u>New</u>
TAH	35	TAH	15
TVH/LAVH	15	TVH/LAVH	15
TLH	20	TLH	15
Min Invas.	35	Min Invas.	70
Total	70	Total	85

### Free Prolog Resources!

- Obstetrics, 8<sup>th</sup> edition
  - Free download PDF
- Prolog Games
  - Log in to ACOG
  - Visit Prolog page
  - Click on "Get Started"
  - Prolog online user dashboard
  - Button for Prolog Games (near bottom)
- Marathon, Beat the Clock, Classic Quiz, & Hot Streak!



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## Noteworthy News

- New ACOG Practice Bulletins on:
  - ◆ Tubal Ectopic Pregnancy
  - ◆ Management of Alloimmunization in Pregnancy
  - ◆ Gestational Diabetes Mellitus
  - ◆ N/V of Pregnancy
  - ◆ Prelabor Rupture of Membranes
  
- Dr. Reina to be Faculty Director of Journal Club!
  
- Board Vitals for Step 3 study
  - ◆ Use your UCF email to join/log in
  
- Second MOC modules for PGY4 residents due by June 1
  - ◆ Same Module as Fall
  - ◆ Print out and turn in to Annie



- Scientific American Weekly Curriculum/Question Bank now available!
  - ◆ <https://www.deckerip.com/decker/scientific-american-obstetrics-and-gynecology/>
  
- ACOG Annual Meeting – Austin, TX
  - ◆ April 27-30, 2018
  
- ACOG District XII Annual Meeting – Loews Miami Beach
  - ◆ August 10-12, 2018
  
- Mobile deficiency management & e-prescribing coming to Patient Keeper



## CREOG Corner

Excerpted from: *Pearls of Excellence - Hysteroscopic Bowel Injury*; Makeba Williams, MD

Although hysteroscopic complications are rare, uterine perforation can cause serious injury to adjacent structures. Compared to diagnostic procedures, operative hysteroscopy elevates the risk of uterine corpus perforation 16-fold, and increases the risk of electrical, mechanical, or thermal injury to the bowel or viscera. Hysteroscopic morcellators used for myoma resection can breach the myometrium and injure the bowel. Monopolar or bipolar resectoscopes may result in thermal injury if an activated electrode perforates the myometrium. Early recognition of injuries prevents severe morbidity or mortality.

Visualizing bowel or suspected bowel contents through the hysteroscope raises the concern for bowel injury. The procedure should be aborted and the operative instruments withdrawn using hysteroscopic guidance. Laparoscopy, with the hysteroscope left in the uterus, aids in identifying the perforation site. The surrounding bowel and viscera should be methodically evaluated for injury. Laparotomy may be required to evaluate for thermal damage since this type of injury may be difficult to see on simple visual inspection. If an injury is detected, depending on their skill and comfort level with bowel surgery, the gynecologist should consider general surgery consultation. If no bowel damage is visualized or expectant management is selected due to low likelihood of injury, patients should be advised that peritonitis symptoms such as nausea, vomiting, fever, or pain, may not occur immediately and can develop up to 2 weeks later. Patients should be given strict precautions for follow-up since delays in diagnosis can lead to serious morbidity and mortality.

To reduce the risk of perforation and subsequent bowel injury, the surgeon should:

- Visualize active electrodes and oscillating blades at all times
- Refrain from advancing surgical instruments while operating in the endometrial or myometrial spaces
- Avoid resecting into the myometrium

### CREOG STUDY RESOURCES

ACOG Prologs are wonderful, succinct, and portable resources for CREOG studying!

CREOG Quizzes:

<https://www.acog.org/About-ACOG/ACOG-Departments/CREOG/CREOG-Search/CREOG-Quiz>

Pearls of EXXcellence:

<https://www.excellence.org/pearls-of-excellence/list-of-pearls/>

COZY CAT CALENDAR



- 4/2-6/18: PGY4 Board Review Course
- 4/6/18: REI Academic Half-Day
- 4/23-27/18: PGY4 Boards
- 5/1/18: Deadline to submit abstract or poster to Dr. Ozcan for Patient Safety Forum
- 5/1/18: Community-wide Disaster Drill
- 5/4 & 5/11/18 - Psychiatry Lectures - Dr. Mehta
- 5/4/18: Deadline to submit for FMA Poster Symposium
- 5/31/18: Annual Quality & Patient Safety Forum; 12-4 PM; 4<sup>th</sup> floor auditorium, VAMC
- 6/25-29/18: Orientation

FAST FACTS

22%

Of women undergo induction of labor in the US

30%

Risk of Cesarean in women who undergo IOL with Bishop score of 3 or less (vs. 4% in those with score 8 or higher)

70%

Rate of vaginal delivery within 24 hrs after cervical ripening with prostaglandins with Bishop < 3 (vs 23%)



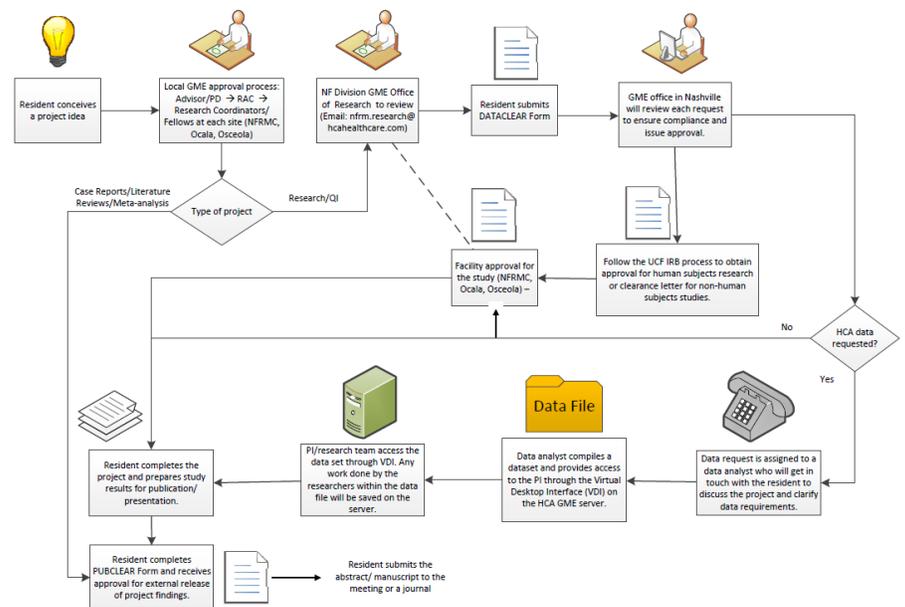
*Don't forget to do your CITI training prior to starting any IRB paperwork!*

*IHI QI modules are required prior to starting PGY1-2 QI project!*

# Research Road

## New Research Flowsheet!

### GME Research Approval Process



**Patient Safety and Quality Improvement Day - May 31, 2018. - Abstract due to Dr. Ozcan by May 1, 2018!**

All PGY2 residents will present a poster of their QI project (as well as anyone else who would like to present). Please refer to your emails for an updated poster template. Sections can be reorganized, but please do not resize or change logos/colors.

**Allow time for poster to be submitted to PubClear for approval and then time for printing prior to the presentation!**

Make sure to note at the beginning of the PubClear form that this is a GME request (expedited)!

<https://edr.hca.corpad.net/>

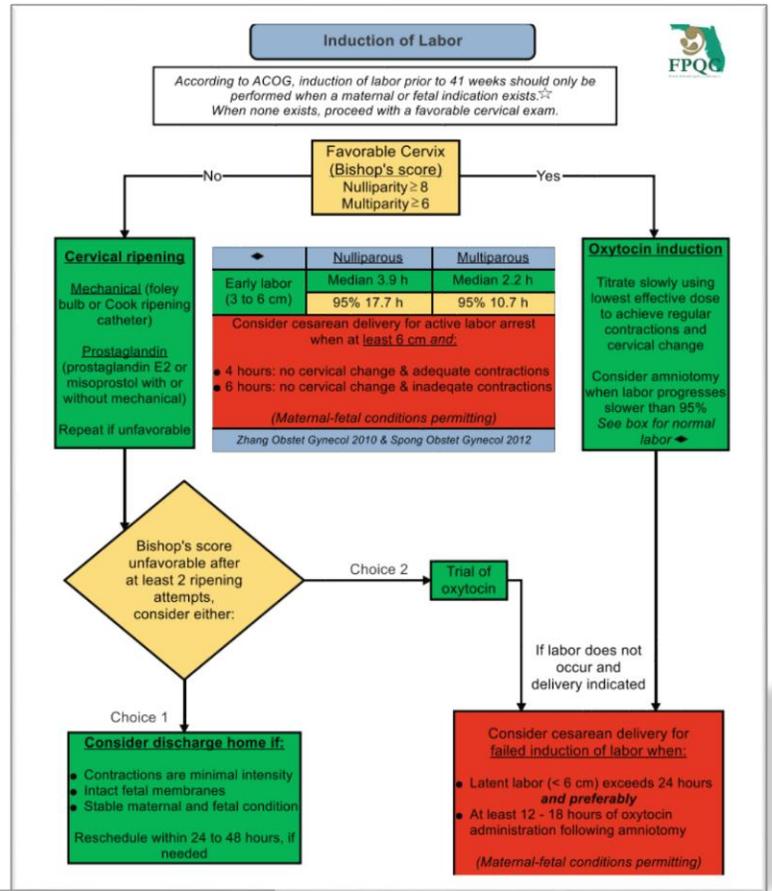
There is also a new QI form to be sent to HCA Research for any QI projects. Annie will help to collect signatures.

# Labor Induction

Labor induction occurs in 22% of women with singleton pregnancies in the US. Osceola is participating in the FPQC PROVIDE Initiative in an effort to reduce the rate of Singleton Vertex Primary Cesarean deliveries as well as make IOL safer. We are creating pocket cards with helpful information regarding induction of labor for all residents. Elective inductions should ideally be limited to those patients > 39 weeks with a "favorable" cervix (>= 8 for nullipara; >= 6 for a multipara). Otherwise, inductions will occur for medical indications. Please refer to the pocket card for information on diagnosing "failed induction" or "arrest" disorders.

Definition of Abnormal Labor		
	Nulliparous	Multiparous (informational only)
Early labor (3 to 6 cm)	Median 3.9 h	Median 2.2 h
	95% 17.7 h	95% 10.7 h
	Consider cesarean delivery when: <ul style="list-style-type: none"> <li>Less than 6 cm, preferably with ruptured membranes <b>and</b></li> <li>Length of latent labor exceeds 24 hours <b>or</b></li> <li>At least 12 - 18 hours of oxytocin administration following amniotomy</li> </ul>	
Active labor (6 to 10 cm)	Median 2.1 h	Median 1.5 h
	95% 7 h	95% 5.1 h
	Active phase arrest <ul style="list-style-type: none"> <li>At least 6 cm, preferably with ruptured membranes <b>and</b></li> <li>4 hours: no cervical change and adequate contractions (greater than 200 Montevideo Units (MVU) or strong intensity contractions occurring every 3 minutes) <b>or</b></li> <li>6 hours with Pitocin: no cervical change and inadequate contractions</li> </ul>	
Second stage arrest, no descent or rotation for at least:	3 h without epidural	2 h without epidural
	4 with epidural	3 without epidural

Zhang, Obstet Gynecol 2010;116:1281-7 and Spong, Obstet Gynecol 2012;120:1181-93



Bishop's Score Calculation				
Parameter	0	1	2	3
Dilation (cm)	0	1 - 2	3 - 4	5 - 6
Effacement, %	0 - 30	40 - 50	60 - 70	80
Station (-3 to +3)	- 3	- 2	- 1, 0	+ 1
Consistency	Firm	Medium	Soft	
Position	Posterior	Middle	Anterior	

ACOG Patient Safety Checklist No. 5, December, 2011

## Didactic Den

Attendance will be tracked utilizing a sign-in sheet until the QR code kinks are worked out.

Calendar							
Today		May 2018			Month	Week	Day
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
29	30 Morbidity & Mortality Conference 7:30 am	1 BOOK CLUB 7:30 am	2 ATTENDING LECTURE - Coppes - Postop Care & Complications 7:30 am	3 Tumor Board 8:30 am	4 ATTENDING LECTURE - Mehta - Depression/Anxiety in Women 8:00 am	5	
6	7 PB/CO REVIEW 7:30 am	8 Gyn Preoperative Conference 7:00 am	9 ATTENDING LECTURE - Reina - Disorders of the Placenta/Umbilical Cord/Membranes 7:30 am	10 Wellness Hour 8:30 am	11 ATTENDING LECTURE - Mehta - Psychiatric Disorders in Pregnancy 8:00 am	12	
13	14 PB/CO REVIEW 7:30 am	15 BOOK CLUB 7:30 am	16 ATTENDING LECTURE - Palazzolo 7:30 am	17 Tumor Board 8:30 am	18 RESIDENT LECTURE - Dermatologic Conditions in Pregnancy - Bautista 7:30 am	19	
20	21 PB/CO REVIEW 7:30 am	22 ATTENDING LECTURE - Dr. Sam Brown - HPO Axis 7:30 am	23 Gyn Preoperative Conference 7:00 am	24 Reflection 8:30 am	25 ATTENDING LECTURE - Simms-Cendan - Precocious/Delayed Puberty 7:30 am	26 Precocious/Delayed Puberty 7:30 am	
27	28 Morbidity & Mortality Conference 7:30 am	29 BOOK CLUB 7:30 am	30 ATTENDING LECTURE - DeNardis 7:30 am	31 Tumor Board 8:30 am	1 ATTENDING LECTURE - Figueroa -	2	

# Wellness Way

by Michelle S. Ozcan, MD

The UCF/HCA Greater Orlando OB/Gyn residents have embarked on a journey toward wellness and resilience! In the past quarter, in addition to our monthly Wellness Hours, we participate in ACOG/CREOG Wellness Week. This week in February was dedicated to promoting physician wellness by participating in events throughout the week with various themes – Monday: Physical, Tuesday: Emotional, Wednesday: Spiritual, Thursday: Environmental, Friday: Social. Our entire week was Disney-themed!



Monday: The Void – Star Wars- based hyper-reality laser game at Disney Springs

Tuesday: Affirmation cards – residents & faculty created over 200 affirmation cards while watching “Inside Out” then distributed these to faculty, staff, and patients through the day

Wednesday: Pocahontas-themed Meditation Den

Thursday: Wilderness Explorers & Kilimanjaro Safari at Animal Kingdom

Friday: Social time at International Festival of the Arts at Epcot



The Gyn  
Times  
Quarterly

720 W. Oak St.  
Kissimmee, FL 34741

