## **COP-1 Session Goals & Expectations**

- Specific goals and expectations for the 7 COP sessions are summarized here, to provide preceptors with guidance as to the level of participation that they may consider allowing the student to engage in, based on what the students have learned in the P-1 Module, with regards to Medical Interviewing and Physical Examination Skills.
- At the beginning of the COP-1 experience, we expect the student's role to be that of *an active observer*. However, as the year progresses, the goal is for each student to take a more *active role in the care of the patients*. At the beginning of COP, the student will have had instruction and practice in the complete medical interview and are, therefore, ready to begin taking part in interviewing patients on their first day. The student will be learning the components of the physical exam and can, therefore, become more involved in the physical exam as the year progresses.
  - Session 1: Meet the Preceptor and Clinic staff
    - Preceptor orients the students to the clinical setting and introduces them to the staff
    - Discuss students' previous patient care or clinical experiences
    - Address preceptor's expectations for the students
    - Review and sign the Learner Contract
    - Interview 1-2 patients
    - Student identifies one self-directed learning question to investigate and discusses with their preceptor
    - Student completes patient log

## Sessions 2-7

- Student participates as an active observer with increasing participation as the year progresses
  - Obtaining patient's vital signs
  - Taking a focused/full history
  - Performing a focused/full examination
- Preceptor identifies a patient that that would be suitable for the student to complete a full History and Physical
- Student discusses answer to self-directed learning question from the previous session with their preceptor
- Student identifies one self-directed learning question to investigate and discusses with their preceptor
- Complete patient log