

EM Knights' Letter

University of Central Florida / HCA GME Consortium

Emergency Medicine Residency Program Of Greater Orlando



The Legacy

It is already one year when we started our residency. This year was full of excitements, achievements, presentations, lectures, conferences, and LEGACY.

Once more, the residents participated as medical relief staff at the Disney's Star Wars Marathon in April. Dr. Amninder Singh and Dr. Abhishek Roka under the supervision of Dr. Jose Rubero saw a great variety of patients including new onset of atrial fibrillation, severe dehydration, altered mental status with heat stroke, and others.

Also, for the first time, we participated in the Matching Program. We reviewed over 700 applications and interviewed



over 90 excellent candidates from medical schools in the state and nationwide. We will write about our new 7 interns in the next issue but their names are:

Sheila Bawany (USF), James Chiang (Loma Linda), Alexandra Craen (USF), Nicholas Fusco (LECOM), Andrew Hanna (USF), Akiva Pollak (Stony Brook), and Joshua Tsao (McGovern Medical School).

In May, we had our first Annual Program Evaluation/Retreat in New Smyrna where the residents and Faculty members were able to discuss the Program evaluations, goals, and expectations for the next year. It was a time for wellness and relaxation.



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Activities

- Core Faculty Meetings—Every 2nd Thursdays at noon; GME office
- Brainstorm Meetings—Every 1st and 3rd Tuesday; GME office
- BOOT Camp—June 22 to July 30
- Interns Welcome Wellness—July 2nd
- Symposium By The Sea—August 3-6; Boca Raton, FL
- ACEP Scientific Assembly—October 29-November 1st; Washington DC

Letter from the Program Director

Can you believe it!! A year has gone by since our first resident class started.

Dr Benzing, Dr Cabrera, Dr Kramer, Dr Leon, Dr Roka, Dr Singh and Dr Webb have become an integral part of the ED team! Its a pleasure to work with them and the feedback has been amazing. Our thanks goes out to the hard working nurses and staff of the ED who have been so welcoming and have accepted the residents as part of our own.

I always feel the end of one year and the beginning of the next year is a great time for reflection. Our EM residency program's mission is to "Combine excellence in clinical skills with the humanity of the compassionate physician to produce outstanding patient centered care". We are striving to meet this lofty goal and more than ever realize it takes a whole team of people to make this possible.

As the nature of Emergency Medicine involves a vast range of knowledge, the ED residents rotate to many other departments within the hospital and really enjoy their "off service rotations". We would like to thank all the physicians who have given their time to teaching.

These include:

Medical ICU - Dr Sharif and Dr Hanna

Internal Medicine- Dr Ghaffar, Dr Janolo and Dr Subhani

OBGYN- Dr Ozcan, Dr Figueroa, Dr Denardis, Dr Palazzolo, Dr Patel and Dr Wilson-Coleman

Anesthesia- Dr Pulaski

Ortho- Dr Noda

Plastic Surgery- Dr Jaramillo

Hand Surgery- Dr Gordon

Trauma Surgery- Dr Bilski, Dr Skattum and the trauma team and PAs

On July 1st we start a new academic year and we have a new class of 7 residents. Our current residents will be promoted to their second year of the 3 year program so they will be even more involved in the ED and have extra responsibilities.

So thank you from us all at the Emergency Medicine Residency Program of Greater Orlando! Let's make the new year a great one!

Bethany Ballinger MD, FACEP, FAAEM
Associate Professor of Emergency Medicine
Program Director



Recruitment

After reviewing more than 800 applications and interviewing over 90 excellent candidates, we went to Match on March 17.

We were delighted to Matched with 7 excellent medical students from Florida, New York, California, and Texas.

Already, we are getting ready for the promotions, strategies, and preparation for our next class in 2018.

Welcome to Our Third Issue

It is already a year when we started this new endeavor with our Residency.

Many things were accomplished and more to come.

As in the prior issues, you were able to see all the activities, presentations, achievements, and awards.

In this issue, you will see more of these accomplishments and benchmarks achieved.

Our Faculty had been presenting at the local, state, national, and international levels.

For a new Residency, we already went so far. We are proud of the hard work done by our residents who will become 2nd year residents in less than a month; starting a new year and a new class.

I will like to thank each and everyone who helped us to be an awesome year. The nurses and staff in our Emergency Department are a crucial part of our success.

José A. Rubero, MD, FACEP, FAAEM
Associate Program Director
Associate Professor of Emergency Medicine

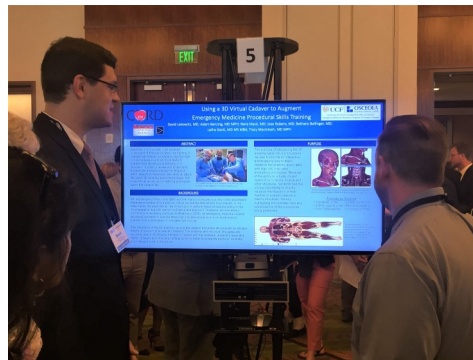
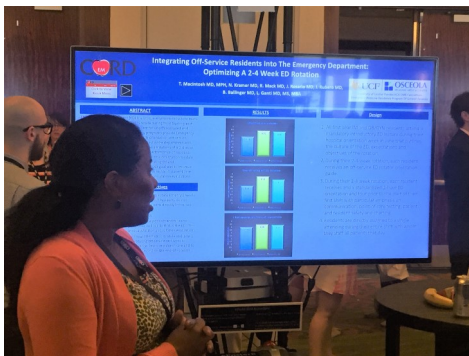


CORD Academic Assembly in Fort Lauderdale, FL; April 27-30, 2017

Dr. Lebowitz and Dr. MacIntosh presented their cutting-edge educational initiatives at the 2017 Advances in Education Research & Innovation session at the Council of Emergency Medicine Residency Directors (CORD) National meeting in Ft. Lauderdale, FL. At this moderated, judged oral presentation and poster session, Drs MacIntosh and Lebowitz provided concise, informative overviews of their research to enable other residency programs to learn about strategies to improve teaching and enhance learning.

Dr. Lebowitz engaged the audience in a how a novel technology, **a 3D anatomy table, augmented the Emergency Medicine Procedure Lab for Interns.**

Dr. MacIntosh presented her work on improving the Emergency **Department experience for off-service rotators** using a number of unique interventions which proved to be effective in improving the resident's rotation experience and feedback.



The Legacy

As part of our achievement, during the 2017 CORD Academic Assembly in April at Ft. Lauderdale, FL, our own APD Dr. José Rubero received the CORD Academy for Scholarship in Education in Emergency Medicine Academy Membership Award in the category of Education Leadership.

After observing a meticulous and rigorous process, CORD believe that as recipient of the Academy Membership Award, that Dr. Rubero's efforts at University of Central Florida in Emergency Medicine and beyond are most deserving of this distinguished recognition.



Resident Corner

By: Abhishek Roka, MD, and Leoh N. Leon II, MD

Greetings from UCF/HCA Emergency Medicine Residency Program of Greater Orlando! We are proud to continue sharing with you the many great memories and upcoming events throughout our journey as interns. As you all know, Match Day is around the corner, and we are all looking forward to welcoming the new members of our EM family!

Congratulations to all fellow residents on completion of our in-service exam! Thank you to our faculty and staff as well as those from Florida Hospital for your wonderful lectures and support in preparation. Furthermore, our faculty has been working very hard to put together a great variety of options for our elective rotations next year, including topics such as simulation, ultrasound, research, safety and quality, clinical informatics and many more!

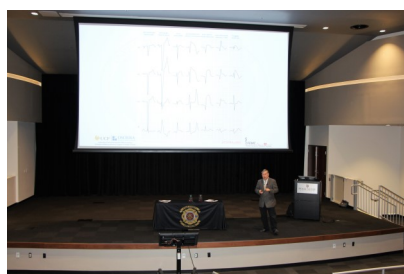
Drs. Ballinger and Rubero along with Drs. Benzing, Webb, and Singh had the opportunity to provide medical care during the 2017 presidential inauguration in Washington D.C. We encourage you all to read Dr. Benzing's article about this unique and exciting event.

Lastly, we would like extend our deepest condolences to the Orlando Regional Medical Center EM program after losing a much loved Program Director, Salvatore Silvestri, MD. Our thoughts are with you during this difficult time.

4th ANNUAL EMS DAY CONFERENCE SERIES

During the EMS National Week in May 25, the Residency wanted to continue with its Legacy by giving its time to the EMS Community that are an essential part of the Pre-Hospital Care of our Community. Dr. Jose Rubero organized a conference series where most of the EMS Medical Director and Assistant Medical Director from Central Florida participated giving lectures to the EMS personnel. Dr. Christopher Hunter (Orange County AMD) talked about the Pulse Incident Response; Dr. Todd Husty (Seminole County MD) talked about the Use of Backboard in Trauma Patients; Dr. Dagan Dalton (Osceola County MD) talked about Obstetric Emergencies in the Pre-Hospital Settings; and Dr. Jose Rubero (Osceola County AMD) talked about Weird EKG's in the Pre-Hospital Settings. Also, Dr. Rubero gave his talk at the Polk County EMS Conference.

As part of the Conference Series, Osceola Regional sponsored breakfast, lunch, and other gifts to the EMS Community as a form of gratitude for their services.



From the Research Director's Desk

Residency Faculty take center stage at the Council of Residency Directors in Emergency Medicine (CORD)

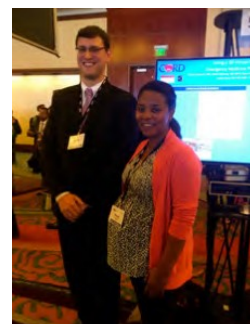
At the CORD annual meeting in Fort Lauderdale, Dr. Jose Rubero was recognized with the Academy Award for Education Leadership. This award honors individuals who have demonstrated a long standing commitment to residency education and leadership- Congratulations Dr. Rubero!

Dr. Rubero receiving his award from CORD



Our program was also honored to have two educational innovation presentations: "Using a 3-D Virtual Cadaver to Augment Emergency Medicine Procedural Skills Training" by Dr. David Lebowitz and "Integrating off-service residents into the Emergency Department: Optimizing a 2-4 week ED rotation" by Dr. Tracy Macintosh. Both were very well received- look for the publications from these to come out soon!

In recognition of the struggle of educators to stay academically productive, CORD created a brand new committee- the Research and Academic Productivity Committee, and has tasked Dr. Latha Ganti to be its first Chair. The committee will help to fine tune the meaning of scholarly activity in emergency medicine for the ACGME, and put together a white paper on "how to increase scholarly productivity on your department."



Society of Academic Emergency Medicine 2017 Annual meeting highlights

Oral research abstracts presented at SAEM:

- Predictors of outcome following sepsis (Kramer, Dub, Ballinger, Ganti)
- Impact of Urinalysis on ED Length of Stay (Anand, Ballinger, Ganti)
- Utility of Routine Urinalysis on ED Decision-making (Ballinger, Anand, Ganti)
- Performance of Low Dose Computed Tomography Protocol in Emergency Department Patients With Suspected Renal Colic (Norman)

State of the Art Talks given at SAEM:

Our faculty gave 2 cutting edge sessions

- One topic 3 ways (Ballinger, Lebowitz)
- Stroke Trials that will change your practice: Neurothrombectomy (Ganti)

EMRA/SAEM Simulation Academy Resident Sim Wars Competition

Drs. Ballinger and Okuda were the national judges for the Annual SAEM Sim Wars competition, a breathtaking, fast paced, think on your feet affair!

Research abstract moderators: several of our faculty served as national moderators at the meeting, including Drs. Javier

Rosario, Paul Banerjee, David Lebowitz and Latha Ganti.

Dr. Banerjee moderating, with UCF MS-3 Ambika Anand



*Latha Ganti, MD, MS, MBA, FACEP
Research Director,
UCF/HCA GME Consortium Emergency Medicine
Residency Program of Greater Orlando
Professor of Emergency Medicine and Neurology
UCF College of Medicine*



AAEM

Drs Walker and MacIntosh had the honor of presenting a Morbidity and Mortality case at the **American Academy of Emergency Medicine's (AAEM) 2017 case competition at the National AAEM Annual Scientific Assembly** in March.

Their case, **"Under the Mango Tree,"** was one of four selected for its originality and teaching value on identifying and avoiding cognitive biases in Emergency Medicine.



Dr. Ayanna Walker and Dr. Tracy MacIntosh

SAEM

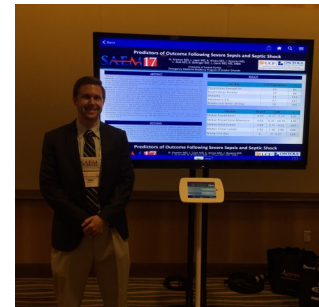
This year, the Annual SAEM Assembly was at our backyard in Orlando. We were part of the cutting edge Assembly where we presented, moderated, and judged several sessions.

Dr. Nick Kramer (resident) presented on severe sepsis predictors. Dr. Ganti presented on Stroke Trials. Dr. Rosario and Dr. Ballinger moderated multiple eposters sessions. Faculty and residents were able to attend the Residency Fair.

Dr. Ballinger and Dr. Lebowitz presented an excellent topic of "How to present a lecture in three different ways".

Dr. Ballinger was one of the judges at SimWars where Dr. Okuda was this year organizer.

We are very well represented and I couldn't be more proud! We are spreading the UCF and HCA name and it is being noticed how we have burst onto the academic EM scene with a splash!



The UCF HCA EM Orlando residents today at SAEM17 which also happens to be in Orlando this year!

EM Days at Tallahassee March 13-15, 2017

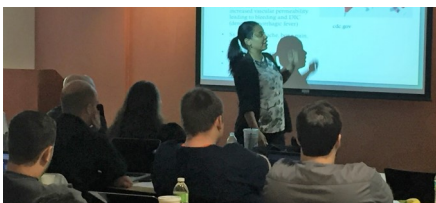
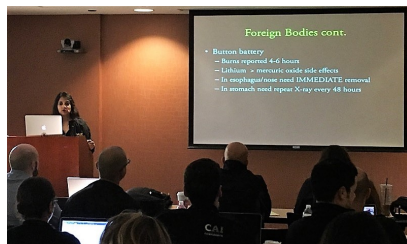
The UCF Osceola EM program is back on the road, this time to Tallahassee! Every year, during the Florida legislative session, members of the Florida College of Emergency Physicians (FCEP) travel to Tallahassee for "Emergency Medicine Days in Tallahassee" (EM Days) to meet with our legislative representatives and healthcare related state agencies. This year, our faculty member, Dr. Rene Mack, represented us at EM Days and met with our local and state representatives regarding the status of healthcare and its impact on our patients. There were also discussions pertaining to how integral Emergency Medicine residency programs are to the training of doctors who will likely continue to serve our community after completing their training. The legislative and state agency representatives were impressed with our dedication to educating not only our residents but the community as a whole. We look forward to working with our representatives to help further the health and wellness of our patients.



Dr. Rene Mack with Jennifer Ferris, Chief Counsel for the Office of the Insurance Consumer Advocate

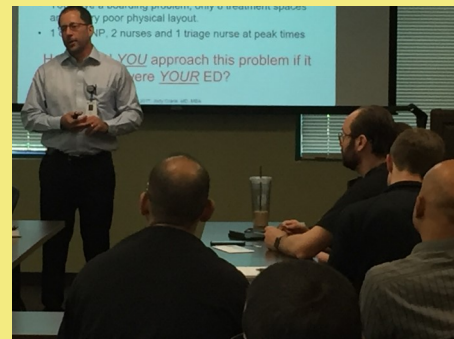
In-Service Board Review

This is the first year that our Residency Program participated in the In-Service Board. Dr. Lebowitz was able to schedule a fantastic review series with the Faculty as well as with the Faculty from Florida Hospital Residency Program. The FH Faculty as well as their residents came to our hospital and then, we returned the favor and went to their hospital where lectures were given.



Grand Rounds

On March 9, we have the visit of Dr. Jody Crane who is the Chief of Clinical Operation Sheridan Healthcare where he gave a talk about "ED Administration and Productivity & Management"



During this year, we started Trauma Grand Round where our Trauma Surgeons gave interesting topics about trauma.



Also, we had Dr. Tracy Sanson on April talking about – Combative, Convulsing, Agitated Patient



UCF in La Havana, Cu- ba

The Cuban Society of Critical Care and Emergencies, the Latin American Association of Cooperation in Medical Emergencies and Disasters (ALACED), The Ibero Panamerican Federation of Societies of Critical medicine and Intensive Therapies the VII International invited Dr. Jose Rubero as Professor of the Congress of Urgencies, Emergencies and Intensive Cares (URGRAV) this past April as keynote speaker.



Cuban News interviewing Dr. Rubero

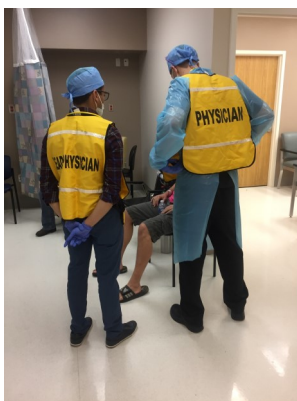


Disaster Drill 2017

It is required that every year, every hospital in the nation needs to have an internal and external drills to measure the capabilities and preparation during a real situation.

This year, the disaster drill was organized thru all Central Florida where all the hospitals in Seminole, Orange, Lake, Osceola, and Polk Counties participated in this combined effort.

Our residents participated in our designated institution at Osceola Regional Medical Center.



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