9th Annual Global Health Conference

at the University of Central Florida
College of Medicine, Lake Nona, FL

Global Arts in Medicine: Integration and Healing

January 18th, 2020
Greetings students, professors, physicians, researchers, and all guests with a passion for the exhilarating field of global health! From Lake Nona’s Medical City, we’re proud to present MedPACt’s 9th annual Global Health Conference at the University of Central Florida College of Medicine.

This informational and interactive conference is organized by 1st and 2nd-year medical students who have shown a strong interest in studying global health and applying these ideals to their own practices. These students have joined together under MedPACt (Medical Students Providing Across Continents), the UCF College of Medicine’s “glocal” (global + local) health, service, and educational group. Our mission is to provide robust, engaging programming with diverse service opportunities to create a culture of global responsibility while serving those in need within and across our borders. For all of us at MedPACt, our passion for the local and global community drives a lifelong commitment to healthcare and service on a larger scale.

As a part of MedPACt’s mission, we put on this annual conference to gather students and professionals with a similar mindset. Thank you for joining us at this year’s Global Health Conference! We hope you enjoy the events we have planned for today, and we look forward to having you join us at next year’s conference and other future MedPACt events!

Warmest regards,

MedPACt and the Global Health Conference Board
Vincent Cendan and Benjamin Daines, Conference Directors
Tabitha Eckert, MedPACt Executive Director
Dr. Judith Simms-Cendan, Faculty Advisor
THE THEME

GLOBAL ARTS IN MEDICINE: INTEGRATION AND HEALING

While medicine and the arts have usually been viewed as two distinct, unrelated practices, healthcare treatment is trending toward a future where the two fields come together in an integrated manner. Once considered to be a form of alternative medicine, arts in medicine (AIM) is a recognized form of complementary/integrative medicine in numerous hospitals across the United States and other countries of the world. Yet, despite the successes of AIM on the overall well-being of patients, many developing nations and cultures still view the two as separate ideologies. Thus, while many communities across the world have some sort of cultural art practices, whether it be through music, painting, dancing, or narrative storytelling, the benefit of integrating these practices with medicine has yet to be explored.

To achieve a better state of patient health with a larger global view, the benefits of AIM across different cultures must be explored. At our Global Health Conference, we will focus on addressing the efficacy of AIM in glocal (global + local) medicine, the benefits of research already explored by our keynote speaker Jill Sonke and others, as well as increasing awareness for the impact of improving healthcare on a global scale.
This year, proceeds from the Global Health Conference will be donated to Fundación Yantaló Clinic and the Farmworker’s Association of Florida.

Established in 2014, the Fundación Yantaló Clinic is the first grassroots, community-based, green healthcare clinic in Peru. It is designed to be a service, research, and education center. The 16-bed international facility addresses the lack of medical services in the Yantaló village community and rural San Martin region within the Amazon Jungle. Hours away from the major hospitals in Lima, Peru, the clinic provides basic care to over 10,000 patients a year, but they lack the local manpower to provide year-round specialists and specialized care to serve many of its patients’ medical and surgical needs. MedPACt was the first team to introduce broad primary care, physical therapy, and general surgery to the clinic. Services that have been offered to the local patient population during previous trips include obstetrics and gynecology, surgery, dermatology, internal medicine, family medicine, pediatrics, pediatric urology, physical therapy, social work, nutrition, and health education.

Funds collected will also help to support the Farmworker’s Association’s own events for Apopka and the Central Florida community. These include “El Arte de Sobrevivir” (The Art of Survival) which provides outreach and support for sexual assault and human trafficking survivors and the Woman to Woman Conference, an event aimed at offering support and empowerment for the women of Apopka. In addition, funds will support the MedPACt Farmworker’s Apopka Clinic, a pop-up clinic organized and run by UCF Medical, Nursing, Physical Therapy, Social Work and Behavioral Health, and UF Pharmacy health students. This free clinic provides healthcare to the people of Apopka who have no access to such care due to varying socioeconomic barriers.
The research symposium will display a wide variety of global health research topics presented by our conference participants and the Oral Presentations will commence at 2 PM in 102, followed by a dedicated Poster Session at 2:20 PM in the first floor concourses.

Oral Presentations

Kyung Woo Hong, MD Candidate at UF College of Medicine

❖ “Should we offer surgery for biliary atresia in low-resource settings? Surgical outcomes in Rwanda”

Mausam Mehta, MD Candidate at USF Morsani College of Medicine

❖ “Relationship between obesity-induced metabolic abnormalities and nutrient intake: Gender differences in Japanese university students”

Poster & Art Exhibits

Posters and Artwork will be on display all day in the first floor concourses. Thank you to all those who submitted their work!

Judges

❖ Dr. Saleh M. M. Rahman, MD, PhD, MPH, Co-Director of the FIRE Module
❖ Lacy Stallings, MBA Candidate, Coordinator of Faculty Development Academic Programs
❖ Paul Symansky, MS4, former MedPACt Executive Director
❖ Talia Helman, MS3, former MedPACt Education Director
❖ Nisha Sharma, MS2, President of AIM Interest Group
❖ Spencer Lessans, MS2, Curriculum Committee
Networking Breakfast Roundtables will start at 8:20 AM in Room 104. Bring your breakfast and discuss Global Health topics!

- **UCF Global Health Mission: Fundación Yantaló, Peru Clinic (104)**
  - **Tabitha Eckert, MS2, RN** is the Executive Director for MedPACT
- **UCF KNIGHTS Clinic: Continuity of Care in Free Clinic (104)**
  - **Lt. Katherine Porter, MS2** is a Co-Director for KNIGHTS (Keeping Neighbors in Good Health Through Service) Clinic
- **Farmworker’s Association of Apopka: Managing a Large Public Health Clinic in the Community (104)**
  - **David Gittess, MS2, and Annalisa Sega, MS2** are the Service Directors for MedPACT’s Apopka Clinic
- **Medical Campus Outreach: Global Health Mission to Ethiopia (104)**
  - **Scott Walker, MS2** is an active member of MCO
- **Fund for Global Health: Art in Policy Advocacy (104)**
  - **Lynn Imakhchachen** is an intern at the Fund for Global Health

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<tr>
<td>MedPACT Yantaló Clinic</td>
<td>KNIGHTS Clinic</td>
<td>Apopka Clinic</td>
<td>MCO Ethiopia</td>
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Networking Lunch Roundtables will start at **12:20 PM on the second floor**. Bring your lunch and discuss Global Health and Arts in Medicine topics!

- **Keynote Breakout: Engaging Arts & Culture in Clinical & Community Practice** (211)
  - Jill Sonke, MA is the director of the Center for Arts in Medicine at the University of Florida (UF) and her full bio is on page 9
- **Panel Breakout: Arts in Global Health Outreach in Nigeria, Ghana, South Africa, & the United States** (212-J)
  - Kunle Adewale, Founder of Tender Arts Nigeria, Mandela Washington Fellow, & Sarah Hinds, Artist in Residence UF Health Shands, Mandela Washington Fellow
- **Panel Breakout: Connections: Mental Healthcare, Community Engagement, & Art** (212-D)
  - Dr. Catherine Wilkins, PhD, Director of Medical Humanities Curriculum USF Morsani College of Medicine & Professor of Connections Capstone Course USF Judy Genshaft Honors College
- **Panel Breakout: Social Media a Tool for Global Health Advocacy** (212-H)
  - Dr. Brittany Odom, Physician Ambassador for Threads for Threads Initiative FIGS x India
- **Panel Breakout: Laughter is the Best Medicine: Benefits of Comedy in the Care of Hospice Patients** (212-E)
  - Dr. David Weiland, MD, Medical Director of Seasons Hospice & Palliative Care, Leslie Gibson RN, BSN, Founder of the Comedy Connection Smile Team, NPO
- **Global Health Advocacy** (212-C)
  - Anna Eskamani, Florida State House of Representatives
- **UCF KNIGHTS Clinic: Continuity of Care in Free Clinics** (212-K)
  - Lt. Katherine Porter, MS2 is a Co-Director for KNIGHTS (Keeping Neighbors in Good Health Through Service) Clinic
Join us for a personal look at the diverse ways our panelists have advanced the field of global health through arts in medicine by integrating the arts in medical care. Our panel of experts share their experiences in their respective fields, giving a unique perspective on the accomplishments of AIM in global health thus far. Furthermore, they will explore the benefits and challenges they have encountered along the way. Learn about the directions for future applications of arts in global healthcare and research, and make sure to continue the discussion during lunch roundtables!
Mr. Kunle Adewale is development practitioner, an artist by profession & a graduate of Obafemi Awolowo University, Ile-Ife Nigeria with specialization in painting & art history. With over a decade experience as an artist & educationist, Kunle founded Tender Arts Nigeria in 2013, a social enterprise & non-profit making organization which positively impacts children, youth & adult population with focus on therapeutic arts, art education, talent development, community development & civic engagement. Kunle is a Mandela Washington Fellow, an Atlantic Fellow of the Global Brain Health Institute, San Francisco, United States of America & was recently shortlisted by World Bank as one of the 68 Social Inclusion Heroes from all over the world, the only World Bank Social Inclusion Hero from Nigeria.

Dr. Brittany Odom, MD is a pediatrician in Orlando who uses social media & photography as a networking tool, a method for educating the general public on public health issues, & as a way to bring attention to missions around the world. She recently spent time in India with FIGS scrub company, helping take care of pediatric patients in one of the most impoverished areas of the world.

Dr. Catherine Wilkins, PhD is an instructor in the USF Judy Genshaft Honors College, as well as the Director of the Medical Humanities curriculum at the Morsani College of Medicine. Dr. Wilkins is deeply engaged in applying service-learning & community-based teaching practices at the intersection of art & health. Dr. Wilkins’ current research is focused on her undergraduate capstone course, Connections, which is offered in partnership with the Tampa Museum of Art where students learn to facilitate experiences with art for museum visitors diagnosed with Alzheimer's disease, PTSD, substance use disorder, & depression.

Dr. David Weiland, MD serves as a Medical Director with Seasons Hospice & Palliative Care & works with Comedy Connections Smile Team to bring laughter to palliative care patients. He was previously the Chief Medical Officer at Largo Medical Center, a past President with the Pinellas County Medical Association, & enjoys volunteering with Medical Mission trips. Dr. Weiland is a popular speaker with University at Sea & Clinical Symposiums providing numerous clinical presentations nationally, including “Understanding Alzheimer ’s Disease”, “Critical Communication in Healthcare,” & “Palliative Pain Management.”
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<th>Time</th>
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<tr>
<td>7:30 AM</td>
<td>Check-In Opens; Poster &amp; Art Exhibit Setup</td>
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<td><em>Atrium, 1&lt;sup&gt;st&lt;/sup&gt; Floor Concourses</em></td>
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<td>7:30 AM - 8:50 AM</td>
<td>Breakfast; Roundtable Signup</td>
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<td><em>Atrium</em></td>
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<tr>
<td>8:20 AM - 8:50 AM</td>
<td>Networking Breakfast Roundtables</td>
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<td><em>COM 104</em></td>
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<tr>
<td>9:00 AM - 9:50 AM</td>
<td>Keynote: “Why Medicine Needs the Arts” - Jill Sonke, MA</td>
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<td><em>COM 102: Lewis Auditorium</em></td>
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<td>10:00 AM - 10:50 AM</td>
<td>Panel: “Portraits of Global Health: How Art Influences Health”</td>
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<td><em>COM 102: Lewis Auditorium</em></td>
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<td>11:00 AM - 11:50 AM</td>
<td>Workshop/Simulation Block I</td>
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<td><em>See pg. 12-15</em></td>
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<td>11:50 AM - 12:50 PM</td>
<td>Lunch</td>
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<td>12:20 PM - 12:50 PM</td>
<td>Networking Lunch Roundtables</td>
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<td><em>2&lt;sup&gt;nd&lt;/sup&gt; Floor SGLs - see pg. 7</em></td>
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<td>1:00 PM - 1:50 PM</td>
<td>Workshop/Simulation Block II</td>
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<td><em>See pg. 12-15</em></td>
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<tr>
<td>2:00 PM - 2:20 PM</td>
<td>Research Symposium: Oral Presentations</td>
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<td><em>COM 102: Lewis Auditorium</em></td>
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<tr>
<td>2:20 PM - 2:50 PM</td>
<td>Research &amp; Arts Exhibition: Poster &amp; Arts Presentations</td>
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<td>3:00 PM - 3:50 PM</td>
<td>Workshop/Simulation Block III</td>
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<td><em>See pg. 12-15</em></td>
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<tr>
<td>4:00 PM</td>
<td>Closing Remarks, Research Awards, &amp; Raffle</td>
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**Jill Sonke, MA**, is director of the Center for Arts in Medicine at the University of Florida (UF) and Assistant Director of UF Health Shands Arts in Medicine. She serves on the faculty of the UF Center for Arts in Medicine, and is an affiliated faculty member in the School of Theatre & Dance, the Center for African Studies, the STEM Translational Communication Center, the One Health Center, and the Center for Movement Disorders and Neurorestoration. Jill is an Entrepreneurship Faculty Fellow in the UF Warrington College of Business, and serves on the editorial board for *Arts & Health* journal and the board of Citizens for Florida Arts. She is also director of the national initiative, *Creating Health Communities: Arts + Public Health in America*, in partnership with ArtPlace America.

Jill holds an MA in Human Services from the University of Illinois, and is a PhD candidate in Arts in Public Health at Ulster University in Northern Ireland. With 25+ years of experience and leadership in arts in health, Jill is active in research, teaching, and international cultural exchange. Her current research focuses on the arts and health communication, the arts in public health, and the effects of music on cost and quality of care in emergency medicine. Jill is the recipient of a New Forms Florida Fellowship Award, a State of Florida Individual Artist Fellowship Award, an Excellence in Teaching Award from the National Institute for Staff and Organizational Development, a UF Internationalizing the Curriculum Award, a UF Most Outstanding Service Learning Faculty Award, a UF Public Health Champions award, a UF Cross-Campus Faculty Entrepreneur of the Year Award, and over 200 grants for her programs and research at the University of Florida.

**Keynote Speech:** Jill Sonke’s keynote speech will be on her research abroad in Gambia, Kenya, and Rwanda, focusing on the lessons from the 2014 Ebola outbreak. Jill will also speak on her research in Music and the Arts in Healthcare. The content of her speech has the purpose of enhancing knowledge of the role of Arts in Medicine and how to integrate different art forms like dance into global research as well as medical practices.
How Dance & Movement Can Make You a Better Global Healthcare Professional (COM 217/217A)

Whether you have two left feet or are the next Mikhail Baryshnikov, join Jill Sonke as we explore the power of dance in healthcare. This engaging workshop will allow participants to learn more about how movement plays a role in clinical settings by stimulating their dance feet. By developing kinetic listening to self-care, participants will learn more about how dance can make one a better & happier professional. Interactive discussions will also go over movement’s implications in global & multicultural healthcare settings.

Workshop Leader: Jill Sonke, MA. NOTE: only available during Block I.

Using Improvisational Theatre to Facilitate Better Communication (212A/B)

This workshop will introduce participants to the use of improvisational theatre in medicine as a way to enhance communication skills when interacting with patients of different backgrounds. In this session, workshop participants will take part in an improvisational theatre exercise called the murder-mystery gibberish exercise that will challenge them to communicate with other participants while speaking only gibberish. After the exercise, there will be a discussion that focuses on the challenges that arose during the exercise for participants & different ways to better facilitate communication between healthcare providers & patients in a global health setting.

Workshop Leader: Henry Gibson graduated with a B.A. from DeSales University as a Theater Major, Acting/Directing track. In college, he tried a double major - pre-med and theater - until he discovered that there were literally not enough hours in the day to do both! His improv training began at DeSales, continued under Todd Loughry at the Pennsylvania Shakespeare Festival, most recently at SAK Comedy Labs in Orlando and includes a variety of studios and masterclasses. Performing since he was ten years old, Henry feels acting training is a similar to medical training in that it never ends. Recently, Henry discovered Medical Improv, the perfect blending of his two loves and, studying under the guidance of other Medical Improv practitioners, Henry created an ad hoc training course for himself. He continued his work as an actor, sometimes playing a medical student, and hopes to use his decades of theatrical experience to help the doctors of tomorrow develop Communication, Collaboration, and Leadership skills.

Art Therapy & How Painting Can Empower Communities Abroad (2nd Floor Atrium)

This workshop will showcase the powerful impact that art therapy can have in strengthening the mental health of communities affected by natural disasters or acts of violence. Through an interactive painting session, participants will be able to observe first-hand the positive & empowering effects that painting therapy can have on one’s mental health. A thoughtful discussion will be structured within to explore the growth of mental health arts programs, the scope of art healing & its utilization of art therapy abroad.
Workshop Leader: Stephanie Wray, President-Elect of Florida Art Therapy Association is a Trauma Informed-Board Certified Art Therapist, Registered Yoga Teacher, & Licensed Mental Health Counseling Intern. She is a professional artist & has been an expressive arts facilitator for 26 years. She is an adjunct professor at the University of Tampa. Over the last two years, Stephanie has been dedicated to using art therapy with survivors of manmade & natural disasters both in the U.S. & abroad through the program Stars Of HOPE.

Remodeling Thought: An Exploration of Design Thinking to Solve Global Health Issues (211)

This interactive workshop will first provide a brief introduction into the paradigm shift of design thinking - an increasingly popular methodology in healthcare that shifts problem solving back to a human-centered focus. After learning about how to reframe solutions in this manner, participants will have the opportunity to apply this methodology to a number of global health crises, working in teams to develop humanistic solutions to real world problems.

Workshop Leader: Arjun Patel, MS4, is a fourth-year medical student at UCF. His interest in AIM is illustrated by numerous positions he has held in graphic & editorial design, including working on information design for AMSA's campaign against childhood obesity & serving as editor-in-chief of the UCF College of Medicine’s arts magazine, The Script.

Fragile Perspectives: Using Narrative to Access Global Health Challenges (212L)

Narrative has been the cornerstone of shared knowledge for all of mankind - in it, we share, shift & frame perspectives not otherwise understood. Here, we ask you to challenge your perspectives. With graphic art, poetry, & music, we find ways to engage in the vulnerable settings so many in our global community live through, & we can demonstrate the various ways through which those voices (including your own) can be shared. In this workshop, we help you find your path in shifting perspective through Khaled Hosseini's "A Sea Prayer" - participants will be engaged in a short writing session, a moving visualization of Hosseini's beautiful work, & reflection about the work & what it means for those who live in these vulnerable settings.

Workshop Leaders: Olivia DiLeonardo is a medical librarian at Nemours Children’s Hospital & medical education instructor at the UCF College of Medicine, where she has been leading Narrative Medicine instruction since 2014. She earned her Masters in Library Science at Emporia State University in 2003 & her Certification of Professional Achievement in Narrative Medicine from Columbia University in 2018. Dr. Nina Stoyan-Rosenzweig, PhD, ABD is a faculty member at the Health Science Center Libraries and an affiliate faculty member for the Center for African Studies. She serves as historian and archivist; conducting oral history interviews, serving as a library liaison for medical students, developing exhibits related to health history, planning programs and library special events focusing on wellness, equity and inclusion. She works extensively on environmental health issues, exploring the relationship between biodiversity and health, and nature as a healing modality. She also directs medical humanities programming at UF College of Medicine, where she teaches medical students arts and health humanities. She currently serves on the advisory council of the Gold Humanism Honor Society, working with the Arnold P. Gold Foundation.
Orofacial Cleft Repair and Speech Therapy in a Global Context (212 F/G)

Orofacial clefts are a common type of congenital facial malformations with relatively streamlined treatment methods. However, outcomes are profoundly dependent on the timing of successive steps of care. For international patients that receive care in the US, as well as internationally adopted children, cleft care prior to arrival in the US varies greatly. This workshop will interactively introduce the art of creating facial structures to repair clefts through surgery & the complexity of speech therapy for these multilingual & often older patients.

Workshop Leaders: Dr. Ramon Ruiz, DMD, MD, FACS is a pediatric craniomaxillo-facial surgeon & the craniofacial disorders program director at the Arnold Palmer Hospital for Children. Dr. Ruiz specializes in reconstructive facial surgery, orthognathic surgery, repair of cleft lip & palate, & complex craniofacial conditions, & he has extensive experience working with international patients & adoptees with facial differences. Dr. Lakshmi Kollara Sunil, PhD, CCC-SLP Sunil is an Assistant Professor of Communication Sciences & Disorders in the UCF College of Health Professions & Sciences. Dr. Sunil is the head of the cleft curriculum within UCF's Master's Program in Communication Sciences & Disorders.

The Healing Power of Food Culture (Student Lounge, 2nd Floor)

In this workshop, you will explore the impact of food culture, preparing meals, & consuming food can have on our bodies beyond the nutrition label. Can food be used as an effective therapy? Why is chicken noodle soup the first thing we think of when we are sick? What draws us to a certain ingredient or preparation style when we are ill? These are the types of questions you will explore while tasting unique cultural teas from around the world that have been passed down for generations because healing associations.

Workshop Leaders: Natasha Dial, MPH of the UCF College of Medicine’s Office of Diversity & Inclusion holds a Master's degree in Public Health with a concentration in Community Health, & has over a decade of successful experience in health education, as well as program implementation & evaluation. Natasha began her career as an intern with the FL Department of Health serving minority populations, who often lived in food deserts. Steven Burroughs, MS, RDN, LDN, CDN earned his B.S. degree in Health Science & Nutrition & M.S. in Nutrition Science both from Brooklyn College at City University of New York. Steven has over 5 years of experience working as a clinical nutritionist dietician in the ICU, CVICU in specialties such as neurology, surgery critical care, oncology, cardiology, & general medicine. He is currently working as an assistant faculty of Clinical Nutrition at Valencia College in addition to being on faculty in the department of Clinical Nutrition Therapy at UCF Colleges of Nursing & Medicine.
• Disaster Management: Triage (Tavistock Green – outside)

Our disaster simulation will immerse you in the role of a first-responder to learn how to triage during a mass casualty incident. The goals are to work and communicate as a team to assess, classify, and triage patients effectively and promptly. By the end of this simulation, you will learn to categorize patients in severity groups to prioritize those that need immediate medical assistance from those that are less injured.

Simulation Leader: Dr. Michelle LaBrunda, MD is a board-certified internal medicine physician who splits her time between hospitalist work in the US and volunteering abroad. She has additional training in tropical medicine, public health, disaster management, and primary care ultrasound which she uses to support projects in East Africa, Central Asia, and South America. At UCF, Dr. LaBrunda is voluntary faculty and participates in the UCF Global Health Conference, Yantaló Clinic in Peru, and mentors global health projects.

• Point-of-Care Ultrasound (Clinical Skills Center 319 & Simulation Lab, 321)

Ultrasound is one of the most useful diagnostic tools in the field of medicine. Its portability allows healthcare services to extend to areas with limited medical resources. This workshop is aimed at introducing this useful tool to participants, allowing them to have hands-on experience with it by probing the thorax and abdomen of healthy individuals and those with diseases. There will also be a short presentation of cases, in which the ultrasound was actually used to diagnose patients abroad, and time for participants to have an ethical discussion about it.

Simulation Leader: Dr. Naushad Amin, MD is from Pakistan and achieved his medical license as an allopathic hospitalist in Florida. He completed his Global Health residency at UCSF and has extensively practiced medicine abroad, including in South America. He is currently practicing medicine in Melbourne, FL and provides guidance to medical students at UCF.
Our Fearless Leader

Dr. Judith Simms-Cendan is a professor of Obstetrics & Gynecology & Director of International Experiences at the University of Central Florida College of Medicine. She enjoys the full spectrum of clinical practice, education, research & service.

From all of us, thank you Dr. Simms-Cendan! Countless lives have been shaped by your helping hands & caring nature. Thank you for opening our eyes, minds, & hearts to the world of global health & being one of the most important guides on our journeys into medicine.

Sincerely,

The students of MedPACt
**MedPACT Board**

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<td>Riegel Wright</td>
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<td>Dr. Judith Simms-Cendan</td>
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<td>Community Engagement Advisor</td>
<td>Christina Serrano</td>
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Thank you to all the physician and student volunteers without whom none of this would be possible!

Contact us at:
ucfglobalhealth@gmail.com

Learn more at:
https://med.ucf.edu/global-health/medpact/
To all of our generous donors and sponsors from the local community, thank you for your support and commitment to the University of Central Florida College of Medicine’s global health community!

Sponsors:

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