
EXPOSURE AND POST-EXPOSURE PROPHYLAXIS

Through a waiver of the in-network requirements specified in the United Healthcare Student Health Services contract with UCF Health Services, BBP exposures and post-exposure prophylaxis can be obtained from immediately accessible medical facilities (both in-network and out-of-network) by medical students who are undergoing training in the clinical education environment in modules, clerkships, electives and selectives. Follow-up care for exposure must be obtained through arrangements with UCF Health Services and their arrangement with in-network providers.

Note: Students will be responsible for deductibles specified in the United Healthcare Student Health policy.

A. Immediate procedure:

- Remove bloodborne pathogen.
- Sharps exposure – wash with soap and water. Students SHOULD NOT squeeze the affected area.
- Mucous membrane exposure – flush with copious amounts of water.
- Report exposure to immediate supervisor.
- Report within 1-2 hours of exposure to the appropriate individual or office, based on clinical setting as below:

GENERAL PROCEDURES

See below for information by clinical site.

Hospital setting during regular business hours

- Contact clerkship, module, elective or selective director.
- Inform resident or attending physician.
- Report to Occupational Health in the hospital. Designations and follow up of exposures may be handled by different departments in affiliated facilities. In some cases, emergency room physicians may handle exposures. The director of nursing services or nursing supervisor on duty may be the first line of contact.

Hospital setting during non-regular hours and holidays

- Report exposure to resident and attending physician-follow their advice on obtaining treatment.
- Seek assistance from clinic or facility emergency room physicians if resident and attending physician are not immediately available.
- The director of nursing services on duty may be the first line of contact during non-regular hours.

Other setting during regular and non-regular business hours and holidays

- If HIV status of source is unknown, whenever possible rapid HIV testing will be performed on source.

- If exposure occurs during Health Services hours of operation and source HIV status is unknown, student will call Health Services at (407) 823-3850 to speak with the medical director or his or her designee.
- If exposure occurs after Health Service hours of operation, or source is known HIV positive, student will proceed to nearest hospital emergency department for evaluation and treatment as deemed necessary.
- The student's clinical instructor and the student will report the exposure to the College of Medicine.
- The incident, including the names of all contact points, will be documented by the Office of Student Affairs.

SPECIFIC CONTACT INFORMATION BY CLINICAL SITE

Florida Hospital:

Time of exposure: 7a–3:30p (M, T, W, F), 8a–3:30p (Thurs)

Report exposure to: Attending/Resident or other Immediate supervisor

Report to: Employee Clinic – (407) 303-7135,
2604 N Orange Avenue

Needlestick Hotline: (407) 200-4702

If during non-regular hours, weekends, or holidays, report to nearest FH emergency department.

Lakeside Behavioral Healthcare, Inc.:

Time of exposure: 8a–5p (M-F)

Report exposure to: Human Resources Specialist and Immediate Supervisor

Report to: FH emergency department (407) 303-6611, 601 E. Rollins Street, Orlando

Orlando Health:

Time of exposure: 7a–5p (M-F)

Report exposure to: Patient Care Coordinator (PCC)

Report to: Occupational Health (321) 841-5212, 818 Main Lane, 1st Floor

If during non-regular hours, weekends, or holidays, report to PCC and report to the emergency department (321) 841-5133.

Orlando Veteran Affairs Medical Center:

Time of exposure: 7:30a–4p (M-F)

Report exposure to: Attending/Resident or other Immediate Supervisor

Report to: Occupational Health Provider, Dr. Yong Chen (407) 629-1599 ext. 6279

If during non-regular hours, weekends, or holidays, report to immediate supervisor and go to Winter Park Memorial Hospital Emergency Department (407) 646-7302, 200 N. Lakemont Avenue, Winter Park

Osceola Regional Medical Center

Time of exposure: 8a-5p (M-F)

Report exposure to: Occupational Health Provider, Brenda Allen (407) 518-3602

If during non-regular hours, weekends, or holidays, report to immediate supervisor and go to Osceola Regional Medical Center Emergency Department (407) 846-2266, 700 West Oak Street, Kissimmee

Pasadena Villas:

Time of exposure: anytime

Report exposure to: Human Resources Specialist and Immediate Supervisor
Report to: FH Emergency Department (407) 303-6611, 601 E. Rollins Street, Orlando

B. College of Medicine and UCF Health Services

All exposures will be reported to the Office of Student Affairs of the College of Medicine and to UCF Health Services. The Associate Dean for Students will provide assistance should you encounter difficulties and in informing and coordination of follow-up care with UCF Health Services.

Contact:

Dr. Marcy Verduin, Associate Dean for Students

(407) 266-1353, marcy.verduin@ucf.edu

Dr. Mänette Monroe, Assistant Dean for Students

(407) 266-1353, manette.monroe@ucf.edu

UCF Student Health Services

(407) 823-3850

Assistance in obtaining evaluation, prophylaxis and follow-up care can be obtained through the Office of Student Affairs for the College of Medicine and UCF Health Services. Code names are used for all laboratory testing performed through UCF Health Services to assure confidentiality.